

Page Training Center

CDL-A

Part Time

12-Week Training Program

Daily Schedule

Based on a class size of 4.

Each day is 4 hours (Exact Time TBA)

1, 15-minute breaks (Exact Time TBA)

Page Training Center's CDL-A Part-Time 12-Week Training Program is a comprehensive, hands-on course designed to prepare aspiring commercial drivers for a successful and safety-focused career in the transportation industry.

This 240-hour program is structured to meet and exceed the standards set by the **Federal Motor Carrier Safety Administration (FMCSA)** and the **New York State Department of Motor Vehicles (NYS DMV)**. Through a balanced combination of **classroom instruction**, **range exercises**, and **on-road driving**, students will gain the knowledge, skills, and confidence required to operate commercial motor vehicles safely and professionally.

Over the course of Twelve weeks, participants will engage in:

- **In-depth theory training** covering essential topics such as vehicle control, inspections, hazard perception, and regulatory compliance.
- **Progressive range and road training**, including pre-trip inspections, backing maneuvers, and supervised road rides in various driving environments.
- **Specialized modules** such as hazardous materials (Hazmat), load securement, and end dump operations.

Each day is structured to maximize learning, with a consistent schedule that includes breaks, evaluations, and hands-on practice. The program culminates in final assessments and DMV road test preparation, ensuring every graduate is road-ready and fully compliant with industry standards.

Whether you're beginning a new career or advancing your professional driving credentials, this program is your gateway to success in the commercial driving field.

Day 1

PTC Orientation	Documents to fill out.
Policies	-Daily sign in sheet
Procedures	-Orientation Outline
Facilities	-Training Outline
Chapter 1- Orientation	
Chapter 2-Control System/Dashboard	
Chapter 3-Pre and Post Trip Inspection	
Chapter 4-Basic Control	

Day 2

Chapters 1-4 Review and Quiz	Documents to fill out.
Chapter 5-Shifting/Operating Transmissions	-Daily sign in sheet
Chapter 6- Backing and Docking	-Quizzes 1 - 4
Chapter 7- Coupling and Docking	
Chapter 8- Visual Search	

Day 3

Chapters 5-8 Review and Quiz	Documents to fill out.
Chapter 9-Communication	-Daily sign in sheet
Chapter 10-Distacted Driving	-Quizzes 5 - 8
Chapter 11- Space Management	
Chapter 12- Space Management	

Day 4

Chapters 9-12 Review and Quiz

Documents to fill out.

Chapter 13- Night Operations

-Daily sign in sheet

Chapter 14- Extreme Driving Conditions

-Quizzes 9 - 12

Chapter 15- Hazard Perception

Chapter 16- Skid Control/Recovery, Jackknifing

Day 5

Chapters 13-16 Review and Quiz

Documents to fill out.

Chapter 17- Railroad-Highway Grade Crossing.

-Daily sign in sheet

Chapter 18- Identification and Diagnosis of Malfunction.

-Quizzes 13 - 16

Chapter 19- Roadside Inspections.

Chapter 20- Maintenance

Day 6

Chapters 17-20 Review and Quiz

Documents to fill out.

Chapter 21- Handling and Documenting Cargo.

-Daily sign in sheet

Chapter 22- Environmental Compliance Issues

-Quizzes 17 - 20

Chapter 23- Hours of Service Requirements.

Chapter 24- Fatigue and Wellness Awareness

Day 7

Chapters 21-24 Review and Quiz	Documents to fill out.
Chapter 25- Post-Crash Procedures	-Daily sign in sheet
Chapter 26- External Communications	-Quizzes 21 - 24
Chapter 27- Whistle Blower / Coercion	
Chapter 28- Trip Planning	

Day 8

Chapters 25-28 Review and Quiz	Documents to fill out.
Chapter 29- Drugs / Alcohol	-Daily sign in sheet
Chapter 30- Medical Requirements	-Quizzes 25 - 28
Chapter 31- Human Trafficking	
Chapter 32- CSA	

Day 9

Chapters 25-32 Review and Quiz,	Documents to fill out.
Chapter 33- Special Rigs	-Daily sign in sheet
Chapter 34- Crossing the Canadian Border	-Quizzes 29 - 32
Chapter 35- Basic Business Practices	-Weekly training log

Day 10

Chapters 33-35 Review and Quiz,

Documents to fill out.

Pre-Trip Vehicle Inspection.

-Daily sign in sheet

The instructor demonstrates pre-trip on actual truck.

-Quizzes 33 – 35

General Review and Final Test

End of Classroom Training

Day 11

First time with the truck

Documents to fill out.

Intro to Pre-Trip Vehicle Inspection

-Daily sign in sheet

Intro to MOTIVE app

-Daily Evaluation

Day 12

Practice Pre-Trip Vehicle Inspection

Intro to Drop and Hook

Documents to fill out.

Clutch Controle

-Daily sign in sheet

-Daily Evaluation

Day 13

Practice Pre-Trip Vehicle Inspection

Documents to fill out.

Practice Drop and Hook

-Daily sign in sheet

-Daily Evaluation

Day 14

Practice Pre-Trip Vehicle Inspection

Documents to fill out.

Practice Drop and Hook

-Daily sign in sheet

Intro to straight line backing.

-Daily Evaluation

Day 15

Practice Pre-Trip Vehicle Inspection	Documents to fill out.
Practice Drop and Hook	-Daily sign in sheet
Practice straight line backing.	-Daily Evaluation

End Week 3 Training

Day 16

Practice Pre-Trip Vehicle Inspection	Documents to fill out.
Practice Drop and Hook	-Daily sign in sheet
Road Ride Observation (Instructor Drives)	-Daily Evaluation

Day 17

Practice Pre-Trip Vehicle Inspection	Documents to fill out.
Practice Drop and Hook	-Daily sign in sheet
Practice straight line backing.	-Daily Evaluation
	-Drop and Hook Evaluation

Day 18

Haz-mat Intro	Documents to fill out.
Haz-mat Chapter 1	-Daily sign in sheet
Haz-mat Chapter 2	-Haz-mat attendance
Haz-mat Chapter 3	-Haz-mat test form
Haz-mat Chapter 4	
Haz-mat Chapter 5	
Haz-mat Chapter 6	

Day 19

Practice Pre-Trip Vehicle Inspection

Documents to fill out.

Practice straight line backing.

-Daily sign in sheet

Intro to offset backing

-Daily Evaluation

Practice Drop and Hook

Day 20

Practice Pre-Trip Vehicle Inspection

Documents to fill out.

On road shifting Practice

-Daily sign in sheet

Road Ride #1

-Daily Evaluation

End Week 4 Training

Day 21

Practice Pre-Trip Vehicle Inspection

Documents to fill out.

Practice offset backing

-Daily sign in sheet

Practice straight line backing.

-Daily Evaluation

Practice Drop and Hook

Day 22

Practice Pre-Trip Vehicle Inspection

Documents to fill out.

Practice Drop and Hook

-Daily sign in sheet

Drop and Hook evaluation

-Daily Evaluation

- Final Drop and Hook
evaluation

Day 23

Haz-mat Chapter 7	Documents to fill out.
Haz-mat Chapter 8	-Daily sign in sheet
Haz-mat Chapter 9	-Haz-mat attendance
Haz-mat Chapter 10	-Haz-mat test form
Haz-mat Chapter 11	
Haz-mat Chapter 12	
Haz-mat Final Test	

Day 24

Practice Pre-Trip Vehicle Inspection	Documents to fill out.
Beginner road ride 18 miles	-Daily sign in sheet
Road Ride #2	-Daily Evaluation

Day 25

Practice Pre-Trip Vehicle Inspection	Documents to fill out.
Practice straight line backing.	-Daily sign in sheet
Practice offset backing	-Daily Evaluation

End Week 5 Training

Day 26

Practice Pre-Trip Vehicle Inspection	Documents to fill out.
Practice straight line backing.	-Daily sign in sheet
Practice offset backing	-Daily Evaluation

Day 27

Practice Pre-Trip Vehicle Inspection

Documents to fill out.

Beginner road ride 18 miles

-Daily sign in sheet

Road Ride #3 part 1

-Daily Evaluation

Day 28

End Dump Intro

Documents to fill out.

End Dump Classroom session

-Daily sign in sheet

End Dump Discussion

- End Dump attendance

End Dump test

- End Dump test form

Day 29

Practice Pre-Trip Vehicle Inspection

Documents to fill out.

Beginner road ride 18 miles

-Daily sign in sheet

Road Ride #3 part 2

-Daily Evaluation

Day 30

Blocking 5th Wheel

Documents to fill out.

Drop and Hook

-Daily sign in sheet

End Dump Demonstration

- End Dump attendance

End Dump Practice

End Week 6 Training

Day 31

Practice Pre-Trip Vehicle Inspection

Documents to fill out.

Practice straight line backing.

-Daily sign in sheet

Practice offset backing

-Daily Evaluation

Introducing Parallel Park backing

Day 32

Practice Pre-Trip Vehicle Inspection

Documents to fill out.

Practice straight line backing.

-Daily sign in sheet

Practice offset backing

-Daily Evaluation

Practice Parallel Park backing

Day 33

End Dump Practice

Documents to fill out.

End Dump Final evaluation

-Daily sign in sheet

- End Dump attendance

Day 34

Practice Pre-Trip Vehicle Inspection

Documents to fill out.

Road Ride #4 Part 1

-Daily sign in sheet

-Daily Evaluation

Day 35

Practice Pre-Trip Vehicle Inspection

Documents to fill out.

Road Ride #4 Part 2

-Daily sign in sheet

-Daily Evaluation

End Week 7 Training

Day 36

Practice Pre-Trip Vehicle Inspection

Documents to fill out.

Practice straight line backing.

-Daily sign in sheet

Practice offset backing

-Daily Evaluation

Practice Parallel Park backing

Day 37

Practice Pre-Trip Vehicle Inspection

Documents to fill out.

Practice straight line backing.

-Daily sign in sheet

Practice offset backing

-Daily Evaluation

Practice Parallel Park backing

Day 38

Load Securement Intro

Documents to fill out.

Load Securement Classroom session

-Daily sign in sheet

Load Securement Discussion

- Load Securement attendance

Day 39

Practice Pre-Trip Vehicle Inspection

Documents to fill out.

Practice straight line backing.

-Daily sign in sheet

Practice offset backing

-Daily Evaluation

Practice Parallel Park backing

Day 40

Practice Pre-Trip Vehicle Inspection

Documents to fill out.

Road Ride #5 part 1

-Daily sign in sheet

-Daily Evaluation

End Week 8 Training

Day 41

Practice Pre-Trip Vehicle Inspection

Documents to fill out.

Road Ride #5 Part 2

-Daily sign in sheet

-Daily Evaluation

Day 42

Practice Pre-Trip Vehicle Inspection

Documents to fill out.

Practice straight line backing.

-Daily sign in sheet

Practice offset backing

-Daily Evaluation Forms

Practice Parallel Park backing

Day 43

Load Securement Demonstration

Documents to fill out.

Load Securement Practice

-Daily sign in sheet

Load Securement Final evaluation

- Load Securement attendance

Load Securement test

- Load Securement test

Day 44

Practice Pre-Trip Vehicle Inspection

Documents to fill out.

Practice straight line backing.

-Daily sign in sheet

Practice offset backing

-Daily Evaluation

Practice Parallel Park backing

Day 45

Practice Pre-Trip Vehicle Inspection

Documents to fill out.

Road Ride #6 Part 1

-Daily sign in sheet

-Daily Evaluation

End Week 9 Training

Day 46

Practice Pre-Trip Vehicle Inspection

Documents to fill out.

Road Ride #6 Part 2

-Daily sign in sheet

-Daily Evaluation

Day 47

Practice Pre-Trip Vehicle Inspection

Documents to fill out.

Practice straight line backing.

-Daily sign in sheet

Practice offset backing

-Daily Evaluation

Practice Parallel Park backing

Day 48

Practice Pre-Trip Vehicle Inspection

Documents to fill out.

Practice straight line backing.

-Daily sign in sheet

Practice offset backing

-Daily Evaluation

Practice Parallel Park backing

Day 49

Practice Pre-Trip Vehicle Inspection

Documents to fill out.

Road Ride #7 Part 1

-Daily sign in sheet

-Daily Evaluation Forms

Day 50

Practice Pre-Trip Vehicle Inspection

Documents to fill out.

Road Ride #7 Part 2

-Daily sign in sheet

-Daily Evaluation Forms

End Week 10 Training

Day 51

Practice Pre-Trip Vehicle Inspection

Documents to fill out.

Practice straight line backing.

-Daily sign in sheet

Practice offset backing

-Daily Evaluation Forms

Practice Parallel Park backing

Day 52

Practice Pre-Trip Vehicle Inspection

Documents to fill out.

Practice straight line backing.

-Daily sign in sheet

Practice offset backing

-Daily Evaluation Forms

Practice Parallel Park backing

Day 53

Practice Pre-Trip Vehicle Inspection

Documents to fill out.

Practice straight line backing.

-Daily sign in sheet

Practice offset backing

-Daily Evaluation Forms

Practice Parallel Park backing

Day 54

Practice Pre-Trip Vehicle Inspection

Documents to fill out.

Road Ride #8 Part 1

-Daily sign in sheet

-Daily Evaluation Forms

Day 55

Practice Pre-Trip Vehicle Inspection

Documents to fill out.

Practice straight line backing.

-Daily sign in sheet

Practice offset backing

-Daily Evaluation Forms

Practice Parallel Park backing

End Week 11 Training

Day 56

Practice Pre-Trip Vehicle Inspection

Documents to fill out.

Road Ride #8 Part 2

-Daily sign in sheet

-Daily Evaluation Forms

Day 57

Evaluation Pre-Trip Vehicle Inspection

Documents to fill out.

Evaluation straight line backing.

-Daily sign in sheet

Evaluation offset backing

-Maneuver Evaluation Forms

Evaluation Parallel Park Backing

- Pre-Trip Evaluation Forms

Day 58

Practice Pre-Trip Vehicle Inspection

Documents to fill out.

Road Ride Final Test #1

-Daily sign in sheet

-Road test Evaluation Forms

Day 59

Evaluation straight line backing.

Documents to fill out.

Evaluation offset backing

-Daily sign in sheet

Evaluation Parallel Park backing

-Maneuver Evaluation Forms

Day 60

Practice Pre-Trip Vehicle Inspection

Documents to fill out.

Road Ride Final Test #2

-Daily sign in sheet

-Road test Evaluation Forms

End Week 12 Training