

# Page Training Center

## CDL-A

### Full Time

## 6-Week Training Program

#### Daily Schedule

Based on a class size of 4.

Each day is 8 hours (8:00am to 4:30pm)

2, 15-minute breaks (10:00am and 2:30pm)

30-minute lunch break. (12:00pm to 12:30pm)

**Page Training Center's CDL-A Full-Time 6-Week Training Program** is a comprehensive, hands-on course designed to prepare aspiring commercial drivers for a successful and safety-focused career in the transportation industry.

This 240-hour program is structured to meet and exceed the standards set by the **Federal Motor Carrier Safety Administration (FMCSA)** and the **New York State Department of Motor Vehicles (NYS DMV)**. Through a balanced combination of **classroom instruction**, **range exercises**, and **on-road driving**, students will gain the knowledge, skills, and confidence required to operate commercial motor vehicles safely and professionally.

Over the course of six weeks, participants will engage in:

- **In-depth theory training** covering essential topics such as vehicle control, inspections, hazard perception, and regulatory compliance.
- **Progressive range and road training**, including pre-trip inspections, backing maneuvers, and supervised road rides in various driving environments.
- **Specialized modules** such as hazardous materials (Hazmat), load securement, and end dump operations.

Each day is structured to maximize learning, with a consistent schedule that includes breaks, evaluations, and hands-on practice. The program culminates in final assessments and DMV road test preparation, ensuring every graduate is road-ready and fully compliant with industry standards.

Whether you're beginning a new career or advancing your professional driving credentials, this program is your gateway to success in the commercial driving field.

## **Day 1**

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PTC Orientation	Documents to fill out.
Policies	-Daily sign in sheet
Procedures	-Orientation Outline
Facilities	-Training Outline
Chapter 1- Orientation	
Chapter 2-Control System/Dashboard	
Chapter 3-Pre and Post Trip Inspection	
Chapter 4-Basic Control	

### **Lunch Break**

Chapter 5-Shifting/Operating Transmissions
Chapter 6- Backing and Docking
Chapter 7- Coupling and Docking
Chapter 8- Visual Search

## **Day 2**

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Chapters 1-8 Review and Quiz	Documents to fill out.
Chapter 9-Communication	-Daily sign in sheet
Chapter 10-Distacted Driving	-Quizzes 1 - 8
Chapter 11- Space Management	
Chapter 12- Space Management	

### **Lunch Break**

Chapter 13- Night Operations
Chapter 14- Extreme Driving Conditions
Chapter 15- Hazard Perception
Chapter 16- Skid Control/Recovery, Jackknifing

## **Day 3**

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Chapters 9-16 Review and Quiz

Documents to fill out.

Chapter 17- Railroad-Highway Grade Crossing.

-Daily sign in sheet

Chapter 18- Identification and Diagnosis of Malfunction.

-Quizzes 9 - 16

Chapter 19- Roadside Inspections.

Chapter 20- Maintenance

### **Lunch Break**

Chapter 21- Handling and Documenting Cargo.

Chapter 22- Environmental Compliance Issues

Chapter 23- Hours of Service Requirements.

Chapter 24- Fatigue and Wellness Awareness

## **Day 4**

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Chapters 17-24 Review and Quiz

Documents to fill out.

Chapter 25- Post-Crash Procedures

-Daily sign in sheet

Chapter 26- External Communications

-Quizzes 17 - 24

Chapter 27- Whistle Blower / Coercion

Chapter 28- Trip Planning

### **Lunch Break**

Chapter 29- Drugs / Alcohol

Chapter 30- Medical Requirements

Chapter 31- Human Trafficking

Chapter 32- CSA

## **Day 5**

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Chapters 25-32 Review and Quiz,

Documents to fill out.

Chapter 33- Special Rigs

-Daily sign in sheet

Chapter 34- Crossing the Canadian Border

-Quizzes 25 - 32

Chapter 35- Basic Business Practices

-Quizzes 33 - 35

General Review and Final Test

-Weekly training log

### **Lunch Break**

Chapters 33-35 Review and Quiz,

Pre-Trip Vehicle Inspection/ Component Identification and Tolerances.

Time permitting, Instructor demonstrates pre-trip on actual truck.

## **End of Classroom Training**

## **Day 6**

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First time with the truck

Documents to fill out.

Intro to Pre-Trip Vehicle Inspection

-Daily sign in sheet

Intro to MOTIVE app

-Daily Evaluation Forms

### **Lunch Break**

Intro to Drop and Hook

Clutch Controle

## **Day 7**

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Practice Pre-Trip Vehicle Inspection

Documents to fill out.

Practice Drop and Hook

-Daily sign in sheet

### **Lunch Break**

-Daily Evaluation Forms

Practice Drop and Hook

Intro to straight line backing.

## **Day 8**

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Practice Pre-Trip Vehicle Inspection

Documents to fill out.

Practice Drop and Hook

-Daily sign in sheet

### **Lunch Break**

-Daily Evaluation Forms

Practice Drop and Hook

Road Ride Observation (Instructor Drives)

## **Day 9**

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Practice Pre-Trip Vehicle Inspection

Documents to fill out.

Practice Drop and Hook

-Daily sign in sheet

Practice straight line backing.

-Daily Evaluation Forms

### **Lunch Break**

Practice straight line backing.

Intro to offset backing

## **Day 10**

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Practice Pre-Trip Vehicle Inspection

Documents to fill out.

Practice Drop and Hook

-Daily sign in sheet

Practice straight line backing.

-Daily Evaluation Forms

Practice offset backing

### **Lunch Break**

On road shifting Practice

Road Ride #1

## **End Week 2 Training**

## **Day 11**

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Practice Pre-Trip Vehicle Inspection

Documents to fill out.

Practice Drop and Hook

-Daily sign in sheet

Drop and Hook evaluation

-Daily Evaluation Forms

**Lunch Break**

- Final Drop and Hook  
evaluation

Beginner road ride 18 miles

Road Ride #2

## **Day 12**

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Practice Pre-Trip Vehicle Inspection

Documents to fill out.

Practice straight line backing.

-Daily sign in sheet

Practice offset backing

-Daily Evaluation Forms

**Lunch Break**

Practice straight line backing.

Practice offset backing

## **Day 13**

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Haz-mat Intro

Documents to fill out.

Haz-mat Chapter 1

-Daily sign in sheet

Haz-mat Chapter 2

-Haz-mat attendance

Haz-mat Chapter 3

-Haz-mat test form

Haz-mat Chapter 4

Haz-mat Chapter 5

### **Lunch Break**

Haz-mat Chapter 6

Haz-mat Chapter 7

Haz-mat Chapter 8

Haz-mat Chapter 9

Haz-mat Chapter 10

Haz-mat Chapter 11

Haz-mat Chapter 12

Haz-mat Final Test

## **Day 14**

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Practice Pre-Trip Vehicle Inspection

Documents to fill out.

Practice straight line backing.

-Daily sign in sheet

Practice offset backing

-Daily Evaluation Forms

### **Lunch Break**

Practice straight line backing.

Practice offset backing

Intro to Parallel Park backing

## **Day 15**

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Practice Pre-Trip Vehicle Inspection

Documents to fill out.

Practice straight line backing.

-Daily sign in sheet

Practice offset backing

-Daily Evaluation Forms

Practice Parallel Park backing

### **Lunch Break**

Beginner road ride 18 miles

Road Ride #3

## **End Week 3 Training**

## **Day 16**

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Practice Pre-Trip Vehicle Inspection

Documents to fill out.

Practice straight line backing.

-Daily sign in sheet

Practice offset backing

-Daily Evaluation Forms

Practice Parallel Park backing

### **Lunch Break**

Practice straight line backing.

Practice offset backing

Practice Parallel Park backing

## **Day 17**

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Road Ride #4

Documents to fill out.

**Session 34.**

-Daily sign in sheet

Road Ride #4 Continued

-Daily Evaluation Forms



## **Day 18**

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End Dump Intro

Documents to fill out.

End Dump Classroom session

-Daily sign in sheet

End Dump Discussion

- End Dump attendance

End Dump test

- End Dump test form

### **Lunch Break**

Blocking 5<sup>th</sup> Wheel

Drop and Hook

End Dump Demonstration

End Dump Practice

## **Day 19**

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End Dump Practice

Documents to fill out.

### **Lunch Break**

-Daily sign in sheet

End Dump Practice

- End Dump attendance

## **Day 20**

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End Dump Practice

Documents to fill out.

End Dump Final evaluation

-Daily sign in sheet

### **Lunch Break**

- End Dump attendance

Practice straight line backing.

Practice offset backing

Practice Parallel Park backing

## **End Week 4 Training**

## **Day 21**

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Practice Pre-Trip Vehicle Inspection

Documents to fill out.

Practice straight line backing.

-Daily sign in sheet

Practice offset backing

-Daily Evaluation Forms

Practice Parallel Park backing

### **Lunch Break**

Practice straight line backing.

Practice offset backing

Practice Parallel Park backing

## **Day 22**

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Road Ride #5

Documents to fill out.

### **Lunch Break**

-Daily sign in sheet

Road Ride #5 Continued

-Daily Evaluation Forms

## **Day 23**

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Load Securement Intro

Documents to fill out.

Load Securement Classroom session

-Daily sign in sheet

Load Securement Discussion

- Load Securement attendance

Load Securement test

- Load Securement test form

### **Lunch Break**

Load Securement Demonstration

Load Securement Practice

Load Securement Final evaluation

## **Day 24**

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Road Ride #6

Documents to fill out.

**Lunch Break**

-Daily sign in sheet

Road Ride #6 Continued

-Daily Evaluation

## **Day 25**

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Practice Pre-Trip Vehicle Inspection

Documents to fill out.

Practice straight line backing.

-Daily sign in sheet

Practice offset backing

-Daily Evaluation Forms

Practice Parallel Park backing

**Lunch Break**

Practice straight line backing.

Practice offset backing

Practice Parallel Park backing

## **End Week 5 Training**

## **Day 26**

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Road Ride #7

Documents to fill out.

**Lunch Break**

-Daily sign in sheet

Road Ride #7 Continued

-Daily Evaluation Forms

## **Day 27**

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Practice Pre-Trip Vehicle Inspection

Documents to fill out.

Practice straight line backing.

-Daily sign in sheet

Practice offset backing

-Daily Evaluation Forms

Practice Parallel Park backing

### **Lunch Break**

Practice straight line backing.

Practice offset backing

Practice Parallel Park backing

## **Day 28**

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Road Ride #8

Documents to fill out.

### **Lunch Break**

-Daily sign in sheet

Road Ride #8

-Daily Evaluation Forms

## **Day 29**

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Road Ride Final Test #1

Documents to fill out.

### **Lunch Break**

-Daily sign in sheet

Road Ride Final Test #2

-Road test Evaluation Forms

## **Day 30**

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Evaluation Pre-Trip Vehicle Inspection

Documents to fill out.

Evaluation straight line backing.

-Daily sign in sheet

Evaluation offset backing

-Maneuver Evaluation Forms

Evaluation Parallel Park Backing

- Pre-Trip Evaluation Forms

### **Lunch Break**

Evaluation straight line backing.

Evaluation offset backing

Evaluation Parallel Park backing

## **End Week 6 Training**